



SCBF Trauma Toolkit



The Issue

Educators receive little to no trauma-informed training on how to manage a classroom effectively when trauma is present. Angry outbursts, defiance, lack of respect for authority, and lack of interest in learning are just the visible manifestations of deeper psychological turmoil.

Without the proper training, educators might misinterpret these behaviors as mere disciplinary issues rather than symptoms of underlying trauma, leading to responses that may exacerbate the students' stress and alienation.

This lack of awareness can create an environment that fails to address the root causes of disruptive behavior, further entrenching students in cycles of trauma and impeding their academic and social development. By overlooking the essential need for trauma-informed approaches, the educational system misses a crucial opportunity to transform and heal communities from the inside out, perpetuating a cycle of trauma that reaches far beyond the classroom.

Educators' ability to mitigate these effects is critical to a healthy community.



The Impact of Training

Decrease in Aggressive Behaviors: On average, trauma-informed training programs have been shown to reduce aggressive behaviors among students by up to 40% within the first year of implementation (Source: National Child Traumatic Stress Network).

Improvement in Academic Performance: Studies indicate that schools with trauma-informed approaches experience an average increase of one letter grade in student academic performance, leading to better educational outcomes and higher graduation rates (Source: Center for Health and Health Care in Schools).

Enhanced School Climate: Schools implementing trauma-informed practices report a 50% reduction in disciplinary incidents and suspensions, fostering a safer and more supportive learning environment for all students (Source: Child Welfare Information Gateway).

Increase in Student Engagement: Trauma-informed training programs have been associated with a 30% increase in student engagement, as educators become better equipped to meet the diverse needs of their students and create inclusive classroom environments (Source: SAMHSA).

Boost in Teacher Satisfaction: Educators participating in trauma-informed training express higher job satisfaction rates, with over 80% reporting feeling more confident in their ability to support students' social-emotional well-being. (Source: American Psychological Association).

Contact us at Lisa@SCBF.org for more information
or to enroll in upcoming training sessions.



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Empowering Educators, Transforming Lives

The Solution:

SCBF's Trauma Toolkit harnesses the power of expressive arts to support healing in students affected by various forms of trauma (i.e. poverty, abuse, household dysfunction, food insecurity, exposure to addiction, violence, caretaker incarceration, etc.) and leverages best practices in trauma-informed training in a 3-pronged approach:

I. Trauma-informed training for educators and school administrators that will:

- Equip them to decrease aggressive behaviors
- Broaden their skill sets for working with students who shut-down
- Deepen their understanding of the impact of trauma
- Provide solutions to engage and empower students
- Move them beyond the basics of being trauma-informed
- Ensure emotional and physical safety in the classroom
- Give them more tools and more effective techniques that work
- Help them to help their students find their innate love of learning

II. Access to the SCBF Learning Management System (LMS) which includes:

- A curated library of comprehensive trauma training video modules to deepen the knowledge and skillsets necessary to create a safe, productive classroom environment for all students
- Downloadable resources, expressive arts prompts, weekly classroom management tips, monthly webinars
- Access to experts in the field of trauma
- Ongoing support
- Continuing Education Credits (CEC) compliance to help educators reach their required hours each year

III. Butterfly Labyrinth Expressive Arts Programming:

The Butterfly Labyrinth is a cutting-edge, trauma-informed curriculum designed to support and empower spirited students over a 12-week journey. Rooted in the ancient symbolism of labyrinths, this program mirrors life's journey, guiding students back to their center to foster productivity, health, and emotional well-being. Designed for students who require mentoring and specialized behavior modification techniques, some of the features include:

- Art: painting, sketching, sculpting, scrapbooking, crafting, etc.
- Creative writing: journaling, poetry workshops, short stories, short creative prompts, etc.
- Gardening: group planning projects, individual planting and care, gardening crafts, etc.
- Mindful Movement: stretching, breath work, meditation, reflection, etc.
- Music: listening, tapping, drumming, instrument exploration, etc.
- Resources for educators for daily use in classrooms



"The trauma training transformed my approach to teaching and interacting with students. It has made a significant difference in our school."

- Sarah T., Teacher

"The SCBF hands down provided the best trauma training in my 12 years as a superintendent. Their resources and support have made an immediate impact in the classroom."

- John D., School Administrator



**Contact us today to learn more
about how our training can benefit
your school or district.**